

Juvéderm® ULTRA

Love your skin.....

♥ Our skin is an amazing thing. It's water proof, yet it breathes, it protects us from infection and can repair itself when damaged.

It stretches when we move and provides us with sensations to tell us when we are hot, cold, hurt or touched lovingly. It's the first thing many people notice when they look at us. It's definitely worth looking after and treating with care.

Here are some simple steps to follow which can help you keep your skin healthy.

- ♥ Drink plenty of water and keep well hydrated
- ♥ Eat a well balanced diet which includes fresh fruit and vegetables
- ♥ Help maintain your overall health with regular exercise and enjoying a good night's sleep
- ♥ Don't smoke, it is known to cause premature wrinkling
- ♥ Use sunscreen with a minimum SPF of 30 whenever you are exposed to the sun. UV rays from the sun irreparably damage skin cells
- ♥ Apply moisturisers to help protect your skin and to keep it soft and supple

Useful contacts.....

Practitioner's name:

Clinic telephone number:

Appointment: 1

Appointment: 2

Appointment: 3

Appointment: 4

Appointment: 5

For further information, please refer to your practitioner and the Juvéderm® ULTRA information/instruction leaflets.



Allergan, 1st Floor,
Marlow International,
The Parkway, Marlow,
BUCKS SL7 1YL
United Kingdom

Date of preparation: March 2008
ACA 0138 2008



Beauty reborn

Immediate, long lasting smoothing of facial lines. Simple gentle treatment



Juvéderm® ULTRA is a range of 3 products

Take the first step to
discovering
a beautiful you . . .

Your practitioner has recommended you for treatment with Juvéderm® ULTRA. The information in this leaflet is intended to help you make an informed choice. If you have further questions, please ask your practitioner.

As time goes by

For many people, the younger they look, the better they feel about themselves. But age is an unstoppable process and, as the body grows older so does the skin and, consequently, its appearance and characteristics change.

Age, hormones, sun exposure, smoking all have a part to play, causing fine lines and wrinkles to develop. Skin feels more fragile and less elastic. As our age increases, the hyaluronic acid (HA) content of our skin - which is so important for water retention - decreases. The oil-producing (sebaceous) glands become less active and you skin becomes drier. The skin also loses fat, so it looks less plump and smooth and because the number of blood vessels in the skin decreases, the skin loses its youthful colour and glow.

While all these changes are taking place, gravity is also at work, pulling at the skin, causing it to sag.

Choices

Amongst the options available to treat lines and wrinkles, dermal fillers which contain hyaluronic acid are a popular choice because they effectively diminish the signs of ageing and rehydrate the skin tissue. Treatment is quick, convenient and the results can be seen straight away.

Introducing
Juvéderm®
ULTRA
gentle and long lasting

Smooth and comfortable

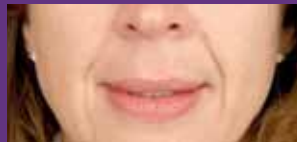
Juvéderm® ULTRA is a range of smooth consistency gels which is injected to restore volume, fill fine lines, wrinkles and folds and redefine lips. The smooth consistency is due to its advanced formulation, Juvéderm® Ultra is not granular like other fillers which means that it flows easily into the skin to bring about smooth, natural looking results.

Juvéderm® Ultra is also special because it contains a pain reliever, Lidocaine, which helps make the treatment process comfortable.

Long-lasting results which satisfy

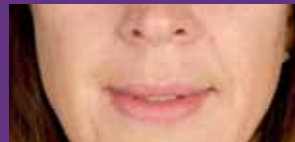
Another benefit of the advanced formulation is that Juvéderm® ULTRA offers results which last. In fact Juvéderm® ULTRA is from a family of hyaluronic acid fillers which have been recognised to correct moderate and severe folds and wrinkles for up to one year.

BEFORE



Nasolabial fold correction with Juvéderm® ULTRA 3, one of the three products available in the Juvéderm® ULTRA range

AFTER



Lip definition and lip volume enhancement with Juvéderm® ULTRA 3, one of the three products available in the Juvéderm® ULTRA range



Facefacts

What happens?

Treatment with Juvéderm® ULTRA can be completed in as little as 15 minutes but it can be longer depending on which areas are being treated.

Using a very fine needle your practitioner injects Juvéderm® ULTRA under the surface of the skin - at shallow levels for fine lines and slightly deeper for more severe wrinkles and folds.

Will the treatment be uncomfortable?

Not only is Juvéderm® ULTRA smooth flowing so that it can be injected easily and evenly but it contains lidocaine to help reduce any discomfort during the treatment and the effects of treatment are apparent immediately.

How long do the effects last?

The duration of effect can depend on age, how much filler is injected, where it is placed, the quality of the skin as well as general health and lifestyle. With Juvéderm® ULTRA, however, the beneficial effects can be expected to last for up to one year after treatment.

What are the side effects?

Following the injection, there may be some redness, swelling and bruising around the injection site. Most side effects are mild or moderate in nature and resolve within a few days, these include, but are not limited to, pain/tenderness, firmness, swelling, lumps/bumps, bruising, itching and discolouration. There is also a risk of infection with any injection procedure.